How to utilize our Community Health Coordinator…

Lincoln Family Medical Group has recently added a Community Health Coordinator to the practice, Jennifer Coon, LCSW, LMHP. What does this mean for you as a patient? Please review this list for examples of how she can assist you and your loved ones:

- **High priced medication or in the donut hole?** The CHC can help determine your cost and if you cannot afford, apply for pharmaceutical programs.
- **Concerns about food?** The CHC can help sign up for meals on wheels or provide resources about other food resources.
- **Needing private duty/ respite care at home?** The CHC has a list of private duty caregivers and can assist patient/ family in coordination of services.
- **Needing a higher level of care?** Our CHC can meet w/ you and your family members to discuss concerns and goals. There are many options in the community, and she is happy to assist with coordination as needed.
- **Concerns about home environment?** Our CHC can do a home visit to assess potential needs/ opportunities.
- **Wanting to do advanced care planning?** Our CHC is a notary and able to assist with a living will/ POA documentation with patients. She will be contacting many of you 65+ at your annual wellness exams to set up a time to meet and discuss this.
    - A living will, also known as a medical directive, is a legal form that outlines your preferences for continued medical treatment. Whether you are steadfast believer that life should be extended at all costs or reject the idea of a vegetative state, a living will is the document you can count on to carry out your wishes.
- **Questions about insurance?** CHC can review LTC policies, copays, deductibles, etc with you.

- **Chronic Disease Management?** CHC can do home visits or periodic calls for patients to check in on how you are doing, working to ensure that you have the resources needed to keep you out of the hospital.
- **Questions about resources in the community?** The CHC is more than happy to meet with you and your family to determine what resources will be most beneficial.
- **Concerns about decline in ADL's?** Our CHC is happy to meet with patient and family to conduct a needs assessment and determine goals of care. Would provide resources/ coordination as requested/ needed.
- **Caregiver burnout?** Our CHC has led caregiver support groups previously and is happy to meet with caregivers- providing support, group opportunities, respite options, and other resources as needed.
- **New Diagnosis?** The CHC would be happy to meet with patients/ family members to process.
- **Concerns about depression?** The CHC could meet patient's to conduct depression screen, determine safety plans, provide counseling.
- **Struggling with life changes?** CHC can meet with patient/ family to discuss and process changes.
- **Medicare questions?** CHC is a Senior Health Insurance Information Program (SHIIP) volunteer, attending semiannual meeting with updates on Medicare.
- **Concerns about ETOH?** CHC can meet with patient/ family members to discuss, determine goals and provide resources.
- **Vulnerable populations?** Our CHC is happy to be consulted on any concerns regarding our patient's wellbeing (misappropriation of funds, neglect, suspected abuse) and ensure that you are guided things in the right direction.